

# WHEN YOU ENCOUNTERED A HATE CRIME: HOW TO DEAL WITH IT?

Posted on February 9, 2021 by IACS Admin Team



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Hate crimes have been spreading in different communities even during the COVID-19 pandemic, and we need to know what hate crimes are, and to know how to deal with them. It is our top priority to keep our families and us safe.

## **What is hate crimes**

The Hate Crime Statistics Act defines a hate crime as one that is prompted by “prejudice based on race, gender and gender identity, religion, disability, sexual orientation, or ethnicity.”

## **Hate crimes are Under-reported**

We should know that there are less than half (47.6%) of the victims of hate-crime ever report them to the police. Thus, the reported numbers likely represent just a small fraction of the actual number of

incidents.

### **What to do when You Encountered a Hate Crime**

- *Medical Help*

You need to seek immediate medical treatment especially when you got an injury

- *Write Down Details*

Write down any of the details of the crime as soon as possible after the incident. Include the perpetrator(s) gender, age, height, race, weight, clothes, and other distinguishing characteristics.

- *File Report*

File a police report. Make sure the officer files an incident report form and assigns a case number. If a police report is not taken at the time of your report, go to the police station and ask for one. Always get your copy, even of the preliminary report.

- *Find Support*

Find support from friends and family and professionals.

Source:

1. <https://stopaapihate.org/>
2. <https://www.hrc.org/resources/what-to-do-if-youve-been-the-victim-of-a-hate-crime>
3. <https://www.medicalnewstoday.com/articles/covid-19-and-the-surge-in-anti-asian-hate-crimes#Tracking-anti-Asian-hate-crimes->

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